

SEW HOPE

STRENGTHENING AND EMPOWERING WITH
HEALTH, OPPORTUNITY, AND EDUCATION

2012 Annual Report



2012 Highlights!



Construction begins on the first free-standing Birthing Center in the Petén.



Sr. Pam Buganski joins SewHope as a full-time missionary in the Petén.



Shipment of two forty foot containers holding stoves, solar lights, school furniture, educational supplies and nutritional meals



Computer lab programs started to catapult students into the 21st Century.

Major expansion of the cervical cancer prevention program with over 1,500 women screened and treated this year.



Almost 300,000 highly nutritious meals are shipped to feed hungry children in eight communities.



Physician led Medical and Surgical Mission teams provide care to the poor and underserved over fourteen weeks in 2012



“Living to Serve” partners with SewHope to begin Community Health Programs in rural villages. Safe efficient stoves, water filters, and solar lights are being distributed.



Stories of Gratefulness



María Angélica is a 40 year old teacher who works in the morning at the local center for children with special needs and in the afternoon at an elementary school for girls. For years she suffered from constant pain and bleeding due to large uterine fibroids. With no money she could not have surgery. Finally, in desperation, her family applied for a loan that they knew would take a lifetime to pay back. On the last day of our mission, a fellow teacher told María about SewHope. Somewhat skeptical because of all the years of disappointment, she lined up with hundreds of other women to be seen by one of our doctors. After a full evaluation, the team decided to proceed with a full hysterectomy for Maria.



A week after the surgery, Maria traveled to Guatemala City to take her final exam to obtain a degree in education. She shared her story with her peers there and they told her the doctors must have magic hands because the incision was barely visible. Maria is deeply grateful to God, to the surgeons and to all the wonderful volunteers who demonstrated such kindness and love.



María Graciela is a mother of four who became widowed soon after her twins were born. Her small income as a maid barely met the family's most basic needs. She suffered in pain for 24 years from an illness she did not understand. Doctors prescribed her pain medicines which she could not afford and natural remedies did not help

Her sister told her about the medical mission hosted by SewHope and Living to Serve. Graciela had a vaginal hysterectomy and bladder correction. She is so grateful for the medical care she received and the warm attention from everyone on the team. She has shared her blessing with her family and people in her town. We believe that it is stories such as these that demonstrate how people of all nations can join in love and peace and heal many of the conflicts caused by suffering and injustice.

Addressing the greatest health issues of women and children

Cervical Cancer Prevention

Although cervical cancer is entirely preventable with adequate screening programs, it is the leading cause of cancer death in women of Guatemala. SewHope is working to eliminate this cancer in the Petén. Almost 3,000 pap smears have been performed and all women with pre-cancerous lesions have been treated. We are now working with the Guatemalan health ministry to expand this program across the Petén and the rest of the nation.



Preventing Maternal Deaths

The women of Guatemala have among the highest rates of maternal mortality in this hemisphere. We are working to reduce these needless deaths. Dr. Coral Matus was inspired by a local midwife who delivers 100 babies each year at her one bedroom home with no medical equipment and limited supplies. This past year, Coral led SewHope's effort to begin construction on the first free-standing Birthing Center in the Petén. SewHope had multiple meetings with the community to be sure the Center will be a blessing to all who deliver there. The community donated the land, aided in construction, and established a governing board for the facility.



Pediatrics

Each year, we bring teams of physicians, residents, medical students, and nurses to care for children in need. In addition to "well-child" visits, we monitor their vaccinations and provide healthy meals, fluoride treatments for their teeth and regular medications for deworming. At times, special children come along in need of cleft palate repairs, limb prosthesis or surgeries. Sometimes we can meet these needs ourselves and sometimes we have the great fortune of working with other organizations who can bring healing.



Education... Making all the difference together



SewHope is working with community schools, teachers, families, and other entities to make a REAL difference in the education of children.

From computer labs in the schools to after-school enrichment programs, we are using the latest programs in project-based learning and insightful new teaching tools to give children a competitive chance to succeed in the world.



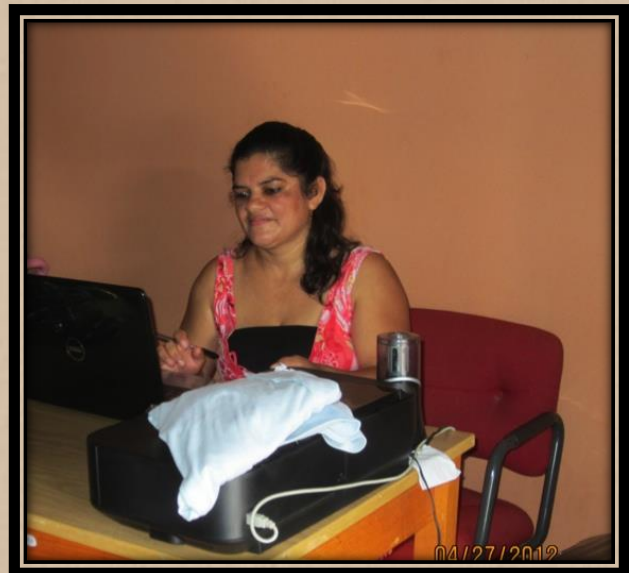
Promoting Gender Equality and Empowering Women

We believe a critical necessity to overcoming poverty in Guatemala is to educate and empower women to realize their dreams. That might mean helping them start a business such as selling shampoo or hair cutting. At times they need help in understanding business principles which could help in developing a women's farming cooperative.



Helping women develop the tools they need to succeed

SewHope is very fortunate to have Orfelinda Guerra head up this effort. She leads the after-school program for teenage girls, teaches women sewing, homemaking, finance, and other skills, and is a great example to the women of these communities.



Ending Starvation

75% of the children of the Petén suffer from chronic malnutrition – among the highest rates in the world...

We are working to address starvation on multiple levels. Since 2008, we have sent almost one million prepared nutritious meals of soy, rice, dried vegetables, vitamins and minerals as an emergency measure during times of drought and famine.

We also are helping families, schools, and communities establish gardens as sources of nutritious food beyond the typical diet of beans and corn and as a source of income. The goal is for these entities to reduce their reliance on external unsustainable and expensive sources of food in favor of local production.

The project is underway with gardens planted or planned at several schools. Students and parents of the schools will maintain the gardens and select the crops to be grown. The produce will feed the families involved and excess will be sold. As the program grows, more schools and communities will be enrolled. In addition, alternative methods of food production such as fish farming, mushroom cultivation, and vertical gardening will be developed. SewHope recently hired Peter Meinecke to lead these efforts.



Our Strategic Priorities for 2013-2015



- Expand cervical cancer screening to **all** women in the Petén
- Develop an Electronic Medical Record system at our clinic
- Purchase a new modern ultrasound machine
- Build a new Community Center complete with a clinic, classrooms for adult education and after-school programs, housing for visiting teams, and a chapel
- Continue collaboration with local midwives to improve prenatal care
- Complete construction of the Birthing Center
- Expand after-school educational programs and work with local schools to continue improvements in educational system
- Expand student sponsorship program
- Expand Community Health Training Program to include an educational component as well as providing water filters, efficient safe indoor stoves, and solar lights

Who We Are...

Our team in Guatemala:

We are very fortunate to have Ismael and Orfe Martinez as our Project Coordinators. They lead with tireless energy and knowledge of the people and customs and are role models for what it means to follow Christ.



Sr. Pam Buganski joined SewHope in 2012 with a tremendous desire to serve the poor in Guatemala. She has been a great blessing to our education and women's empowerment programs.

Mission of SewHope

We will rely on the transformative nature of God's love to partner with the poor, marginalized and exploited in Petén, Guatemala to empower them to end the injustices of poverty and to bring about sustainable solutions in their individual lives and villages. We envision communities and individuals transformed by the love of God and equipped with the skills and tools to self-determine their futures.

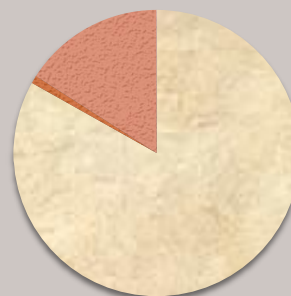
Board Of Directors

Anne Ruch, M.D. – President
 Randall Ruch, Ph.D., M.P.H. – Vice Chairman
 Coral Matus, M.D. – Director of Medical Projects
 Gloria Buganski – Treasurer
 Rev. Julian Davies – Director of Spirituality
 Gary Collins M.D. – Pediatric Advisor

2012 Revenue

Net assets Beginning 2012 – \$152,836
 Net Assets Ending 2012 - \$182,994

2012 Total Revenue – \$168,824
 Grant Funding- \$1500
 Other Corporate Contributions - \$100
 Individual Contributions - \$140,367
 In-kind income – \$26,857



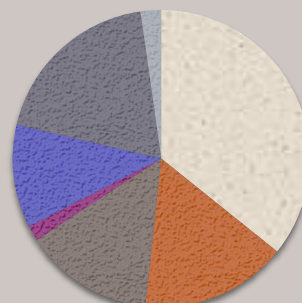
- Individuals
- Grants
- In-kind income
- Other Corporate

2012 Expenses

2012 Total Expenses – \$140,733
 Operating Expenses - \$3,141
 Program Expenses – \$94,912

- Nutrition - \$19,812
- Health - \$50,321
- Education - \$22,455
- Microenterprise – \$2,324

Fundraising - \$15,822
 In-kind Expenses - \$26,857



- Health
- Education
- Nutrition
- Microenterprise
- Fundraising
- In-kind
- Operations

2012 SewHope Supporters

\$25,000 and above

Ruch, Randy & Anne

\$10,000 to \$24,999

Matus, Edward & Coral

Toledo Community Foundation

\$5,000 to \$9,999

Stickley, Dennis and Karen

\$2,500 to \$4,999

Borrer, Timothy & Sarah

Buganski, Mark & Gloria

Buganski, Raymond & Ruth

Collins, Gary & Sandra

Friends of Guatemala

Mallory, David & Patricia

Roberts, Stephen & Lynn

Savage Family Foundation

Stickley, Cris & Emilie

Students for Medical Missions

Golf Scramble

Thaman, Michael and Lisa Gathard

\$1000 to \$2499

DeRosa, Hall of Framers

Drashser, Peter

Geha, Henry & Barbara

Howe, Murray

Kolodgy, Robert & Kathleen

Ray, James & Barbara

Shultz, Edward & Joyce

Sisters of Notre Dame

Stickley, Donova

Toledo Roadrunners Club

Wilson, Chet & Rebecca

Zonta Club of Toledo

\$500 to \$999

Bachey, John

Breining, Leslie & Ellen

Brotje-Higgins, Julie

Burdine, Jim and Lynn

Burks, Veela

Collier, Steve & Annette

Dan O'Connor & Don Binkley

Davies, Julian & MaryKay Smith

Davis, Graciela

Excel Cleaning, LLC

Hafemann, Ray & Mary Kate

Kennedy, James & Pamela

Lane, John

Lis, John & Jennifer

Manning, Maurice & Carmel

Meinecke, Ken & Leigh Ann

Miller, Robert & Lillian

Nichols, Karen

Novakovic, Anthony & Rachel

Oblizajek, Richard

Przynosch, Stephen & Tammy

Ridenour, Mark

Rudolph, Bill & Laura

Saurabh Narain

Smith, Greg and Cindy

Smith, Linda

Smith, Steven & Linda

Sobel-Poage, Suzanne

Stickley, Casey & Carmen

Towey, Mary

Venkat, Shree

Wondolowski, Lauren

\$250 to \$499

Anstadt, Michael

Balzer Bill & Margaret Lockhart,

Beall, Caroline

Blank, Thomas & Anne Marie

Bodi, Shirley

Boyle, Emmet & Patricia

Bunge, Rick

Collins, Kim

Conklin, Ann

Doran, Gary

Gang, David

Harbaugh, Mel

Jardin & Buganski, Inc

Jardin, Ronald & Patricia

Jasion, Adele

Kimmet, Kevin & Mary

Kraus, John

Kruse, David & Lyn

Kulka, Thomas & Theresa

Laney, James & Karen

Lawrence, Susan

Lewis, Dennis and Mary Jo

Lougheed, Nancy L.

Manton, Tom

Martin, Susan & J.T. Aubry

Masters, Janet

McGrew, Harvey

Meyers, Geoffrey

Myers, Sarah

Notre Dame Academy

O'Connor, Daniel & Heidi

Ragone, Frank & Linda

Sorg, Tom & Lynn

Tartaglia, Louis

Wasung, John & Kristy Killian

Waugh, Bryan & Kristen Oneail

\$100 to \$249

Aldinger, Richard & Loviah

Allenby, Steve & Nancy

Alpern, Shelley

Alumni Assoc University of Toledo

Aman, Charmaine

Archbold, Joe & Mary

Balderas, Joe & Pat

Ballay, Thomas & Beth

Baugh, Stephen

Beanblossom, Olive M

Beckstead, J. Andrew & Jayne

Beham, Joseph & Elizabeth

Beham, Richard & Joyce

Berger, Adam

Bettinger, Douglas & Cheryl

Bettinger, Thomas

Bingle, James & Nancy

Bodette, Charles & Arlene

Bogi's Place for Hair & Nails

Brazeau, James

Brown, Dianne

Buganski, Robert and Anne

Carroll, Jack & Chris

Center for Learning

Ciesla, Kim

Clear, Todd

Cohen, Richard & Cheryl

Collins, John & Elizabeth

Cooper, Rodney & Lauri

Corpus Christi University Parish

Crescenzo, Donald

Crown, Bradley & Mary

Culpert, Sr. Mary Ann

Daney, Patrick & Kathleen

Dirr, Loren

Doerffler, Rev. Paul and Carol

Drage, Christopher and Jene

Dzienny Law Offices, LTD

Eisenmann, Kathryn

Feeney, Gerald & Kim

Fleming, Richard & Elizabeth

Gaustad, Martha

Giacci, William & Terri

Gramling, Jeffrey & Teresa

Guntsch, Deborah
Hanley, Michael & Kathleen
Harbour Results Inc.
Harmon, Stephanie
Heintshel, Daniel
Hickey, Donald & Janet
Hills, John & Michelle
Hiltner, Virginia
Holtz, Ed and Marcia
Hylant, William
Johnson, Gary & Brenda
Johnson, Kathy
Jones, Brandon
Kanama, Enas
Kanios, Chris & Steve Papedimos
Karban, Russell & Amy
Kenney, Patrick & Maureen
Kimmet, Mark
Koon, John & Rachel
Koon, Sam & Sharon
Krohn, Deborah
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Lee, Katherine
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Matus, Ethel
McMahon, Christine & Robert
Robinson
McVicker, Michael
Mehling, Joseph & Cindy
Middleton, Jennifer
Mominee, Dennis & Donnamarie
O'Brien, Robert
Oram, David & Jean
Perna, Dennis
Phelps, Kevin and Kristal
Rein, Gregory
Ritz, Greg
Rosenthal, Clifford
Sadowski, Stephen & Joan
SAP America
Savage, Kevin & Joann
Schoen, Jeffrey
Schroeder, Allen
Sczesny, Lisa
Sferra, Joe
Smith, Randy & Archetta
St. John's Jesuit School
Stagner, Susan L
Stickley, Nova
Stokes, Sue
Swint, Kevin & Marsha
Szilagye, Anthony

Thayer, Erik & Krista
Trempe, James & Joan
Trickey, Julia
Wakelin, John & Cheryl
Walton, Mark & Bonnie
Williams, Roger & Laurie

\$1 - \$99

Adamson, Richard
Almester, Marty
Amidon, Regina
Amphor, Robert & Mette
Anderson, Marty
Anderson, Timothy & Kristina
Archbold, Hilary
Barker, Thomas
Barnes, Donald
Barnett, Dan
Bauer, Michelle
Bazzoli, Brian & Nicole
Bengela, Ann M
Billow, Harlan & Lois
Binard, Sally L
Binkley, Douglas
Bourquin, William
Bragg, Janet
Brickman, Kris
Buerk, Aaron
Buganski, Michael
Buganski, Sr. Pamela
Byrne, Aaron
Cabanski, Robert & Patty
Campbell, Gayle
Carr, Cathy
Charvat, Beth
Chlebowski, Anna
Ciesla, Roseann
Ciesla, Stella
Clark, Rodney & Sharon
Clement, Paul
Cody, Frank
Cook, Sharla
Cowell, Suzette
Crisp, Michael
Curry, Kathy
Cyrilla, Sr. Mary
Daney, Thomas & Janet
Dashner, Denise
Davis, Nick & Kristi
Day, Angela
DeMain, Henry & Karen

Dembicki, Laurie
Dolan, Gareth
Donatini, Dennis & Chris
Drouillard, Monica
Dryer, Linda
Duhaime, Keith
Dunbar, Dana
Eckel, Laura
Ellerbrock, Sr. Marilyn Marie
Emch, Gregg & Kelly
Evans, Tracy
Ewry, James & Julie
Fetters, Wendy
Filas, Danelle
Flage, Juliann
Ford, Elizabeth
Fountain, deAndra
Fox, Denise
Fritz, Brian & Kristen
Gallagher, Linda
Gallardo, Cynthia
Garner, Ron & Tonya
Gedert, Janice
Gehring, Fritz & Denise
Gilts, Richard & Mary Beth
Glass Creations
Greeley, Troy
Guerrero, Brooke
Hamilton, Larry
Harrison, David
Hasapes
Haskell, Mathias & Rachael
Haupricht, Kim
Heinrichs, Kay
Helm, Karl
Herman, Charles
Hertz, David
Hoffman, Scott
Hotz, Donald & Denise
Humphrey, David & Sherrie
Irion, Dave
Jaffee, Alan
Jakubowski, Jonathan
Johnson, Drew
Johnson, Mark
Jordan, Martin
Kaczor, Steve & Terri
Kalaf-Hughes, Clayton
Kanfield, Dennis
Killian, Karen
Kinney, Bobbie

Knauss, Rebecca
Knitt, Sharon
Knorr, Michael
Kolbow, John & Rebecca
Korhumel, Tim & Janice
Kovar, Richard
Krafty, Michael
Krasniewski, Gary & Christine
Kreutzer, Evan
Krupitzer, Kristopher
Kurek, Kimberly
Laney, Jim & Nina
Langhals, Ronald
Layman, James
Lichtenberg, Paige
Johnson, Mark
Litle, Karl & Sue
Malosh, Steven
Mann, Charles
Marek, Michael & Marie
Marlow, Bridget
McLean, Rebecca
Meinecke, Peter
Metzger, Kristin
Mick, Kathleen
Miranda, Jenny
Mossing, Sherri
Neary, Colleen
Nguyen, Do
Nijakowski, Nick & Carrie
Nyitray, Timothy & Van
Obey, Carolyn
Okin, Cynthia & Michael
 Bielfeld
Olivarez, Christopher
Olson, Donna
O'Toole, Sean & Laura
Paule, Rachael
Pitzen, Kimberly
Pizza, Eric & Mary Ellen
Poole, Jeffrey & Margaret
Prince, Gregory
Przeniczny, Erica
Przeniczny, Richard & Pamela
Rakesmith, Melinda
Rathburn, Derek
Raymond, Jeffrey & Marsha
Rectenwald, Lisa
Rizo, Honey & Alfonso
Roberts, Audrey
Roddis, Lisa
Rodriquez, Luis

Rosinski, Josh
Ruch, Anna
Ruch, Laura
Russell Jerry & Marian
Ryerson, Mark
Sattler, Lisa
Savage-McNamara, Patti
Schetter, Gary & Becky
Schlachter, Tim & Janice
Schlembach, Thomas & Barbara
Schmidt, Philip & Deborah
Schuster, Mary Ann
Scott, Terrence & Catherine
Second Sole of Toledo
Seemann, Jeffrey & Nadine
Sering, Michael
Shapiro, Julie
Shapiro, Norman
Shaw, Linda M.
Sheline, Michael & Gloria
Silva, Tom
Simon, Robert
Smith, Christopher
Smith, Mary Kay
Smith, Wilson and Diane
Sobecki, John & Mary Anne
Sofo Foods
Sorge, Steve
Sr. Ethel Mary Camp
Sr. Maxine Young
Sr. Michel
Stein, William
Steinbock, Dan & Laurie
Sterrett, Thomas & Judith
Sulewski Mark
Swim, Tara
Szpila, Sr. Mary Jo
Taylor, Cynthia
Taylor, Joseph & Bethany
The Andersons
Thebes, John
Thebes, Thomas & Geraldine
Thomas, A. Lucretia
Thornton, Gary
Traudt, Jeffrey & Nancy
Truckor, Gretchen
Ulrich, Pamela
Unger, Paul & Patricia
Vandermolen, Sarah
Villolouos, Lupe
Visser, Rita
Walker, Stephany
Webster, Glenn and Marie
Welch, Thomas & Laurie
Willman, Sr. Alice Marie, SND

Woldenberg, Lee
Wolff, Sally
Wondolowski, Anne
Wu, Titus
Yap, Mindy
Yeager, Gerald & Sandra
Zavell, John
Zeisloft, David
Zillgitt, Emily
Zittel, Jim

2012 Trip Members

Beall, Caroline
Benson, Traci
Buganski, Sr. Pamela
Collins, Gary
Collins, Kim
Collier, Annette
Daniels, Dennis
Davis, Gracie
Elnaggar, Dina
Heejebu, Mani
Hiltner, Virginia
Joseph, Jeremy
Lane, John
Lane, McKenzie
Mallory, David
Mallory, Patricia
Matus, Brent
Matus, Coral
Matus, Ed
Meinecke, LeighAnn
Meinecke, Peter
Meyers, Geoffrey
Miller, Lillian
Offori-Atta, Gladys
Roddis, Lisa
Ruch, Anne
Ruch, Randy
Schell, Iris
Smith, Chetti
Smith, Linda
Thomas, Lisa
Venkat, Puja
Wondowlowski, Lauren



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