

# Health - Opportunity - Education



# 2018 Annual Report

### Dear Friends.

Selfless, Inspirational, Compassionate... These are the words I think of when I consider the multitude of people working with SewHope to improve the lives of the poorest in Guatemala. While our own country is debating about what to do with the growing number of desperate people who want to cross our border, SewHope is offering real answers to give hope to these beautiful people living in extreme poverty, oppression, and neglect.

The sad reality is that in Petén, Guatemala:

- 1. Almost all live below the poverty line of \$2 a day.
- 2. 1% of the people own 100% of the land.
- 3. They suffer from one of the lowest life expectancies, lowest education rates, and highest levels of poverty and inequality in the world.
- 4. Malnutrition is the highest in all of Latin America and the Caribbean.
- 5. 67% of children under the age of 5 are severely malnourished.
- 6. Wood-burning stoves without a chimney cause respiratory disease, eye damage, and even cancer.
- 7. Too many live in homes with dirt floors with parasites which cause disease.
- 8. The average child remains in school for just 10 years. Almost nothing is spent for schools and only 10% of schools have any books!

These are the realities that I witness every day when I am there; the realities that our team is fighting against. I visit the homes of the children in our school and I see the dirt floors, the indoor cooking smoke, and the lack of food. I see too many children left without mothers because of premature death from cervical cancer.

But through our work, I also see the hundreds of young women saved from cancer, and the young children who can now read and do higher math and get a nutritious meal every day because of our education program. I meet the families who now participate in our agriculture programs and who receive a safe, efficient stove that keeps smoke out of their homes.

And perhaps most *inspirational* is knowing that we have been able to count on a selfless group of SewHope supporters who make these successes possible. You have steadfastly stood by our side throughout all the years when we wondered whether our big vision was even possible.

I am sure that 2019 will bring new challenges, and with every step, the challenges are even greater. Through it all, we know that we are only accomplishing a tiny bit of God's work, but in the end, we know that we are planting seeds, laying foundations, and nurturing that which has been planted. Ultimately, it is our God who hears our calls for mercy and responds, giving us the strength and courage to keep going.

Thank you all for your compassion and great generosity!

Gree Land Anne Ruch, MD Founder & Board Chair

# 2018 Staff



Ismael Martinez In-Country Director



Ortelinda Guerra Director of Social Projects



Mayra Martinez Clinic Director



Seiner Lopez Education Director



Elder Ojon Agriculture Director



Rachel Easley Executive Director, U.S.

# **Board of Directors**

TRUSTEES – UNITED STATES Anne Ruch, MD – Chair Randall Ruch, PhD, MPH – Vice Chair, Chair of Public Health Gloria Buganski – Treasurer Timothy Kuhn, MS – Secretary Roxanne Ward, MEd – Chair of Education Gary Collins, MD Rev. Julian Davies, PhD, MDiv David Mallory, MD Gregory Smith, PhD TRUSTEES - GUATEMALA Marta Balsells Isabel de Bosch Rudy Gonzalez Orfelinda Guerra Lucky Hernandez, MD



# Thank you, Ismael & Orfe!



After more than 10 years of dedicated service as SewHope's Guatemalan "power couple," Ismael Martinez and Orfelinda Guerra decided to retire at the end of 2018. Anyone who has witnessed SewHope's work has witnessed the handiwork of Ismael and Orfe—together they earned the trust of the local community and grew SewHope into the organization that it is today. We are deeply grateful for all of the blood, sweat, and tears that they poured into SewHope, and we wish them the best in retirement!

A Familiar Face, with a New Title

We are excited to announce that Mayra Martinez, formerly our nurse/cytologist and clinic director, has been promoted to the position of in-country director. Mayra is familiar with the staff, programs, and community; since beginning her new role at the start of 2019, she has been working hard and proving that she was a great choice for the job!



# 2018 Financial Report

Net Assets, Beginning of 2018:	\$362,260
Net Assets, End of 2018:	\$329,361

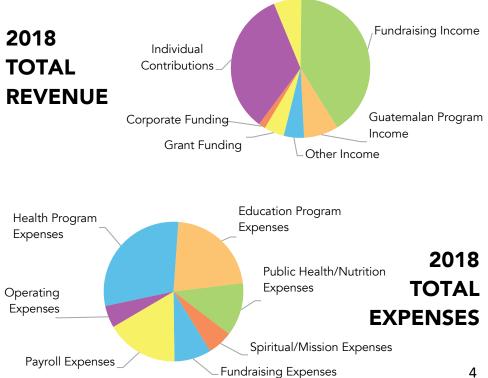
#### 2018 Revenue

201	8	Expenses

TOTAL REVENUE	\$199,576
Other Income	\$9,383
Income	\$10,012
Guatemalan Program	\$16,012
Fundraising Income	\$81,784
Trip Contributions	\$12,815
Individual Contributions	\$67,079
Corporate Funding	\$3,153
Grant Funding	\$9,350

Health Program Expenses	\$67,867
Education Program Expenses	\$50,612
Public Health & Nutrition Program Expenses	\$28,379
Spiritual & Mission Expenses	\$13,479
Fundraising Expenses	\$19,765
Payroll Expenses	\$38,636
Operating Expenses	\$11,786
TOTAL EXPENSES	\$230,524





# Women's Health







#### 2018: BY THE NUMBERS

- **1,343** women were screened for cervical cancer
- Over **135** women were treated for pre-cancerous lesions
- 160 pregnant women received prenatal check-ups
- 400 pregnant & lactating women received prenatal vitamins
- 4 medical mission trips brought U.S. doctors and medical students to northern Guatemala





### LOOKING AHEAD

- In 2019, our cytologist Mayra began hosting training sessions for other local cytologists, to improve their skills in preparing and reading pap smears.
- A new partnership with a nearby regional health center is bringing us one step closer to ensuring that every woman in the Petén has access to quality cervical cancer screenings.







#### 2018: BY THE NUMBERS

- 82 children attended our supplementary education program
- Over **11,000** nutritious meals were served to students
- 2,574 pounds of KAH food were distributed to local partner schools
- 3,625 area children received vitamins and fluoride treatments as part of our children's health initiative



### LOOKING AHEAD

- Since the beginning of 2019, over 100 children have attended SewHope's education program each month.
- We've hired another full-time teacher: Ms. Singly Can is keeping busy teaching reading, science, and everything in between.
- A very generous donation in March 2019 provided funds for a new school building—drawings are underway and we hope to break ground by the end of the year!



# Agriculture & Public Health



#### 2018: BY THE NUMBERS

- **1.5** acres of land were tended by staff, local women, and students
- Groups of women and students from **3** different communities raised over **500** chickens to sell and eat
- **7** safer, cleaner-burning stoves were installed in area homes
- Maintenance continued on previously-installed water filters in 6 nearby communities

## LOOKING AHEAD

- Grant funding from Zion Evangelical Lutheran Church in Waterville will enable us to build 25 stoves this coming year!
- Elder Ojon, our director of agriculture and public health, gained an assistant, Marcelo Graves, in early 2019 to help him expand SewHope's projects.
- We're going fishing! SewHope is experimenting with a fish farm project if all goes well, about 800 young fish will be ready by the end of 2019.



#### <u>\$10,000+</u>

John & Georgia DeKeyser Randy & Anne Ruch

#### <u>\$5,000 - \$9,999</u>

Anthony & Rachel Novakovic John & Janice Pierson Zion Evangelical Lutheran Church

#### \$2,500 - \$4,999

Elvira Anzueto & Lucky Hernandez Mark & Gloria Buganski John & Susan Dignam Savage Family Foundation Dorothea Sawicki Suzanne Sobel-Poage The Retirement Research Foundation

#### \$1,000 - \$2,499

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<u>\$500 - \$999</u>

11 Nicholas & Sara Aja

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#### <u>\$100 - \$499</u>

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# you!

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thank you!

#### **Volunteers**

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Jim Skon Nancy Slifko Linda Smith Sarah Speer Mary Vetter Roxanne Ward Bev Wyatt

**Trip Participants** 

Christian Carwell Charles Hawk Danielle Saevig Darshana Balasubramaniam Clayton Rice Courtney Rusch Racquel Sohasky Brent Veerman Tiffany Slutz Rachel Easley Coral Matus Tim Kuhn Anne Ruch Randy Ruch Chetti Smith Dave Mallorv Jane Skon

## **Get Involved!**

- **Donate:** Give online at www.SewHope.org, or send a check to SewHope, P.O. Box 12522, Toledo, OH 43606.
- **Sponsor a child:** For \$500/year, you can support a child in our education program. Learn more at www.SewHope.org.
- Volunteer in Toledo: We're always looking for helpers at events and with administrative tasks! Email racheleasley@sewhope.org with your interest.
- Join us on a trip: We occasionally bring U.S. mission groups to Guatemala for medical missions or to help with special projects. Visit SewHope.org/take-a-trip-with-us.html.
- **Pray for us:** Email racheleasley@sewhope.org and ask to be added to our weekly prayer email!
- Request a speaker: Email racheleasley@sewhope.org or call (219) 716-0001 to request a speaker for your group or event!



Our Mission: SewHope partners with the poor, marginalized, and exploited in Guatemala to help end the injustices of poverty and bring about sustainable communities.

SewHope, Inc. P.O. Box 12522 Toledo, OH 43606

www.SewHope.org