



SewHope

Health ■ Opportunity ■ Education



2022 Annual Report

Letter from the Staff

Dear Friends,

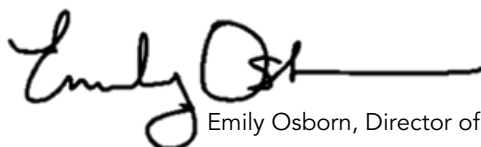
It has been fifteen years since SewHope was founded by a small group of compassionate people who recognized the need for real, lasting change in Guatemala. As we reflect on our journey together, we are reminded of the profound impact we have made in the lives of those in need, and it is all thanks to you.

Scripture reminds us, "Whoever is kind to the poor lends to the Lord, and he will reward them for what they have done" (Proverbs 19:17). Your selflessness and generosity have been a testament to this truth, as you have embraced the spirit of compassion and love that lies at the core of our mission. By working together to bridge the divides that separate our world, we understand that we are not only eradicating the poverty faced by the materially poor but also addressing other forms of human suffering, isolation, and oppression that affect people from all walks of life. In the last year, we have seen thousands of women receive potentially lifesaving preventative care through our cervical cancer program. We have provided clean water and safe cooking stoves. We have given hundreds of children access to a strong education and the tools to determine their futures. We have delivered meals to the hungry and taught families the skills to cultivate gardens sustainably.

As we continue on this journey together, we know that there will be challenges and obstacles to overcome. But we take solace in the words of Isaiah 40:31, which reminds us that "those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." Your unwavering support and prayers have given us the strength and resilience to persevere in the face of adversity.

We are forever grateful for your partnership and commitment to SewHope. May the blessings of the Lord continue to pour upon you, as you have been a blessing to others. Together, let us press on, guided by the love of Christ, and strive for a world where all individuals can realize their full potential. With your support, we believe that we can create a future filled with hope, equality, and shared prosperity.

With sincerest gratitude,

A handwritten signature in black ink, appearing to read "Emily Osborn", with a long horizontal flourish extending to the right.

Emily Osborn, Director of Mission Operations

Meet Our Guatemalan Staff



Back Row: Walter Leon (Security), Seiner Lopez (Education Director), Diego Benito (Security), Elder Ojon (Public Health), Marcelo Graves (Public Health), Kenneeth Enriquez (Security), and Andres Santos (Cytotech)

Front Row: Sofia Yumán (Teacher), Seidy Campos (Teacher), Bianey Galdamez (Nurse), Wendi Aparicio (Teacher), Sandra Yat (Social Worker), Maria del Carmen Guillén (Administrative Assistant), Rosselyn Chiquín (Teacher), and Mayra Martinez (Program Director/Cytotech)

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Women's Health

- 2620 women were screened for cervical cancer
- 182 procedures including biopsies, LEEP, and colposcopies
- 3 medical missions held by American doctors
- More than 40 communities reached during medical trips
- 12 cytologists and cervical cancer experts began plans to start a cytology laboratory and school at SewHope



A Journey of Healing

Three years ago, I was told by the women's clinic at the hospital in Santa Elena to come to SewHope. I had always gone to the hospital to get pap smears and they've gone well, but this time I felt very sick. Because I felt so ill, I was referred by the hospital to one of SewHope's jornadas. I thank God that I went because when I received my pap smear, they told me, much to my surprise, that I had cancer. I came here and received proper treatment and have beaten the cancer and I feel so much better now that I have overcome it. I tell all of my female friends and acquaintances come here! I invite them to come to the place that treated me so well. I am happy that this place belongs to God, that I received treatment, and that I overcame cancer! I cannot adequately express in words how much I wish my fellow women should come here to Santa Ana or to where one of their medical jornadas are held. I implore them to come and receive the best medical care!



Something as simple as a pap smear keeps families like this together



Her story is not unique, but her outcome is rarer than it should be

Let her story be a beacon of hope, a testament to the resilience of the human spirit, and a reminder that no matter how bleak the circumstances may appear, there is always a flicker of light waiting to guide us home. SewHope is the vessel through which miracles are channeled, and you are part of this transformative journey.

Education

- 128 students taught by 4 teachers
- 40' shipping container arrives with computers, desks, chairs, whiteboards, clothing, KCAH food, and more
- The Inauguration Ceremony celebrating the opening of the SewHope School with more than 500 community members
- 18,976 books read
- 13,590 math skills mastered



Get to know
our current
student, Julio



From the classroom

My name is Julio Alfredo Aguilar Sagastume. My mother's name is Debora Cristina Sagastume López and my father is Julio Armando Aguilar. I have five sisters and one brother, they are: Wendy, Manuel, Sara, Pati, Ruth and Jennifer. I have been attending the school for eight years. My experience at the school has been very nice. I have made friends, and, in recent years, I have learned a lot. I have learned about agriculture and how to care for chickens. I like to learn new things. I have been attending the reinforcement center for approximately eight years and I feel very happy knowing that I am one of the students who has attended for many years. I am grateful for the support you all have given me during this time. I have also learned to use the computer and now it is much easier for me to manage one. Being able to access different programs is easier for me and I like working on the Raz-kids and Khan Academy programs. I really like drawing and painting. It is one of my favorite hobbies and I practice drawing whenever I can. I would like to be able to take drawing classes in the future.

My goals are to graduate and continue studying to help my parents. I would like to be a veterinarian; I know that with a lot of effort and dedication I will be able to achieve it. This year I am in 8th grade, I like to play the snare drum and they let me practice music in the school band. I also have a scholarship from the [public] school where I study.



Julio Alfredo Aguilar Sagastume

DONOR SPOTLIGHT

Meet Jeff and Amy Remaklus

Our family has had the privilege of supporting SewHope in multiple ways over the years. We were first attracted to SewHope because of its mission to share God's love through helping Guatemalans obtain desperately needed OB/GYN care. Amy had an opportunity to help volunteer with SewHope by going down to Guatemala (six months pregnant!) when they were starting the medical clinic building. Since that time we have continued to support the mission as we have seen SewHope grow to encompass so much more! Our ideal vision of a mission is one that is driven by the community itself and allows them to be self-sustaining, which SewHope strives to do! We look forward to supporting SewHope now and into the future, as long as God calls it to be there.



Remaklus Family



Amy with fellow trip members in 2015

A DECADE OF DONOR DATA

Your support is crucial to the success and continuation of SewHope's programs. Big or small, your donations matter! Without your generosity, we would be unable to make a positive impact on the lives of those we serve. Your donations are the lifeblood that fuels our efforts and empowers us to carry out our mission.



**3 of 4 donors
in 2022 have
given at least
1 other time**

**2022 had the
highest % of
returning donors**

62%



**1 in 3 donors
has given less
than \$50**

On average,

49%

**of SewHope
donors give the
following year**



**90% of funding is
from individual
donors**

From race events and large galas to Facebook fundraisers and company matches, your support means everything to us! Every dollar you give is making real change in Guatemala in providing staff a living wage, the children a high-quality education, the women life-saving screenings and treatments, and the community opportunities to improve their living conditions.

Consider joining (or rejoining) the ranks of recurring donors to help sustain SewHope for years to come!



Public Health

- 24 Chispa stoves installed
- 30 EcoFilters distributed
- 300 Chickens raised
- 46 variety of vegetables, fruits, flowers, and trees grown
- Partnership with Beeline Wheelchairs to bring mobility aids to children in need
- 10,800 Kids Coalition Against Hunger meals distributed to families facing starvation



Public Health in Action

In November, a team of dedicated volunteers had the incredible opportunity to conduct home visits to local recipients of Chispa stoves and EcoFilters in Guatemala. One particular visit brought them to the humble abode of a hardworking mother in the Petén region. She, like many women in the area, supported her family by making and selling tortillas in a small bodega just outside her home.

Before the installation of her Chispa stove, this resilient mother would burn through about \$4 worth of wood, every single day. The constant need for fuel took a toll on her finances and the environment. Typical open fire cooking methods, expose those around them to toxic, cancer causing smoke and put children at risk of accidental burns. However, the arrival of the Chispa stove changed everything for her and her family.

Thanks to the remarkable efficiency of the Chispa stove, she now only uses the same amount of wood over the course of 4 to 5 days! This means that she is saving an astonishing \$800 to \$1000 in fuel costs each year. That is equivalent to a month's income for the average family! The positive impact on her quality of life cannot be overstated. The health and safety benefits are immediate. The money saved can now be allocated to other pressing needs, such as education, healthcare, or improving their living conditions.

Visiting her home, the volunteers witnessed the joy and gratitude radiating from this remarkable woman. She shared stories of how her life had transformed and expressed her heartfelt appreciation for the projects that had touched her family's life so deeply.

As the volunteers wrapped up their visit, they left with hearts full of inspiration and a renewed sense of purpose. The impact of the Chispa stoves on this one family's life was a powerful reminder of the transformative power of compassion, education, and sustainable solutions.



Chispa stoves burn more efficiently and safely than the typical open fire method of Guatemalan cooking

2022 Financial Report

| | |
|---------------------------------------|------------------|
| Net Assets, Beginning of 2022: | \$664,092 |
| Net Assets, End of 2022: | \$747,072 |

2022 Revenue:

| | |
|--------------------------|-----------|
| Grant Funding | \$4,000 |
| Corporate Funding | \$9,523 |
| Individual Contributions | \$125,571 |
| Student Sponsorship | \$66,561 |
| Guatemalan Programs | \$15,751 |
| Fundraising | \$119,036 |
| KAH Income | \$24,217 |
| In-Kind Donations | \$23,503 |
| Investment | \$26,729 |
| Other Net Income | \$2,237 |

Total 2022 Revenue: \$417,130

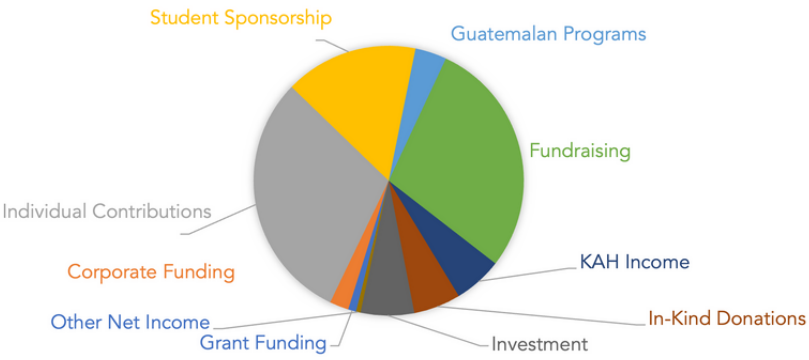
2022 Direct Expenses:

| | |
|---------------------------|----------|
| Health Program | \$24,422 |
| Education Program | \$49,948 |
| Public Health/Nutrition | \$60,873 |
| Other Programs | \$37,539 |
| Contracted Services | \$46,761 |
| Fundraising Expenses | \$7,433 |
| Payroll | \$34,334 |
| In-Kind Donations Expense | \$23,503 |
| Operating Expenses | \$21,031 |

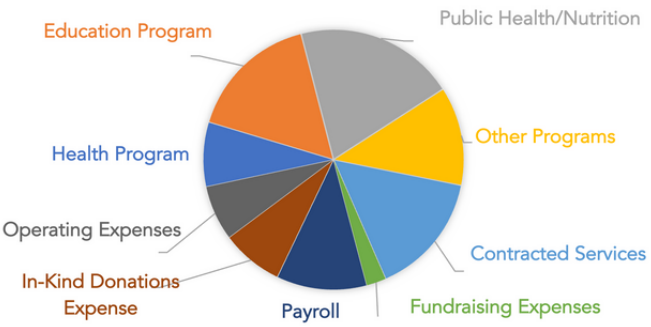
Total 2022 Expenses: \$305,845

Net Income: \$111,285

TOTAL REVENUE 2022



TOTAL DIRECT EXPENSES 2022





SewHope

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SewHope

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Our Mission: SewHope partners with the poor, marginalized, and exploited in Guatemala to help end the injustices of poverty and bring about sustainable communities.

SewHope, Inc.
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