

Trip Report
Nov 7-15 - 2017
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Programs

Education

Seiner had the class present beautiful songs and he gave a lesson about children of darkness vs. light which was inspiring. I posted that on facebook and had a huge positive response

The internet is out – after the electric power was out for several days last week, the internet did not come back on. Multiple discussions with Jim Skon and Doug Karl. Looks like we have narrowed it down to problems with the actual equipment. Jim will get Ismael new equipment that either he can bring back in December or Jim can bring there when he comes in January.

Computers – The computers are all getting pretty old and barely functioning. I talked with Jim about getting new ones. We will bring them down gradually this year when we bring teams

Teacher – Marina is not doing a great job although she is a good helper. She lacks confidence and does not take initiative. Seiner would like us to hire 2 more teachers – one to help him and another to start a kindergarten/preschool program

Continuing problems with convincing mothers that there is benefit to keeping their girls in our program

Talked about starting a relationship with school and our program – Ottawa Hills? Swanton?
– videos, penpals, facebook, etc

Agriculture Programs

Women's co-op group – 11 women. Work well together. Leader's name is Deborah. They had a workshop led by Leandro (from CHal) while we were there. The women were taught how to make soymilk and how to make fried plantains.

The workshop went well although Ismael was frustrated that apparently Leandro is working for (and getting paid by multiple organizations) for doing the same thing. A woman from the municipality came for a photo-op!!

Projects

Chicken farm – about 80 chickens – they are 6 weeks old. Ismael has to build a new coop for the bigger ones.

Quilote - Amante

Tomatoes

Cilantro

Pepinos

Gallinas – 150

Stoves – 10 have been installed this year. Jose and Franklin from the clinic helped. Some of the families constructed the base.

Water filters –
Problems with the one at the clinic

Others are working well. Ismael says that no one changes the filters or takes care of them. He has to do it. I brought one to give to Krista at Clean Water for the World

Medical

1. Mayra kept our numbers low on this trip so we had more time for the administrative stuff.
 - a. Saw patients on 5 days
 - b. Cervical Cancer PRevention
 - i. 50 paps
 - ii. 3 LEEPs
 - iii. 5 cryos
 - iv. 13 colposcopies
 - c. Saw some patients with diabetes, hypertension, breast abscess, many gyn problems
 - d. Ultrasounds on 20 pregnant patients

General Medicine

- b. Other interesting cases
 - Large breast abscess
 - a. Some chronic disease patients – diabetes, hypertension
 - b. 20 pregnant patients

Birthing Center – only 16 deliveries this year. Nurse there said it is because there are less babies being born and people are using birth control more.

Church – no longer doing church service on Saturday evenings. Sounds like Ismael's brother could no longer do it. We talked about how it would be good to continue at clinic for clinic families that did not already have a church home and also for groups when they come. Consider building a "ranchero" similar to what Ismael had at his house.

Daniel

I had gotten all of the new stoma supplies for him. They were very grateful. His mom has had to take out a loan recently to pay for the supplies. We will ask SAFE HAVEN if they can send a wheel chair for him. The one he has is too small

Staff

1. Seiner – very happy with job. We talked about his salary. He said that most teachers make about 4000Q per month – but that is only for working 4 hours per day and we all know that they rarely come there 5 days a week. Seiner has proven himself over and over and so we decided to increase his pay to \$6000 per month – he works there 5 days a week 7:30am- 5:00 PM every day
2. Mayra – happy with her work. WE went to her graduation on Saturday. She was very tearful and happy. We attended the mass and the ceremony and the lunch afterward

- a. Specific expectations for her
 - i. Remain in clinic 7-5 each day
 - ii. See patients according to protocols set up by SewHope medical committee
 - iii. Continue to see diabetic and hypertensive patients
 - iv. Monitor health of students in program. Make sure that every 6 months they receive.
 1. Exam
 2. Height and weight
 3. Vitamin A
 4. Albendazole
 - v. Update the children's medical folders with pertinent information
 - vi. Continue to do paps but also stain and read them. Send thin preps to the U.S.
 - vii. Continue to call patients as soon as possible with results after they have been read
 - viii. Keep Rachel updated on what clinic needs are so that we can order them well ahead of trip
 - ix. Call patients with all results of paps
3. Ismael – seems as committed as ever to all of the projects. Always tireless in his efforts and ideas and work. He was really
4. Orfe – might possibly return. Ismael says he has no intention of moving to the U.S. any time soon. Possibly several years down the road. He does not know what Orfe is going to do. She had some “facetime” with the women in the agriculture project during the workshop and they were all crying.
5. Elder - new young man working with Ismael. Ismael thinks highly of him. He is working with him out in the fields. Very helpful with all of the agricultural projects
6. Marina - Seiner is less than satisfied with Marina. He said she can function as a helper only. She shows little initiative and never has a plan for the class. I reminded him that she is young with little training and she is somewhat timid. Perhaps we could give her more of a chance. She is caring and responsible. She is also in school on weekends and also in a program to learn English that she was given when she was first in her class at school.

Hostal

1. Looks beautiful!!
2. Refrigerator, stove and washing machine were on container. Also 2 large round tables that seat 10-12. Also one small round table that fits nicely in the kitchen. Full set of dishes and cups and utensils were on container
3. Need to install electric plug behind fridge
4. Need some artwork
5. Need to change stove to propane
6. Purchased furniture
 - a. 1 queen and one single in each of the suites
 - b. 4 bunk beds in the dorm
 - c. Couch and 3 chairs and coffee table for living room
 - d. Bedside table and small dresser for each bedroom
7. Need to finish the toilet/shower areas – roof needs to be placed and doors added.
8. Doors, windows installed – look great

9. Shower curtain needed for bathrooms

Plan for coming year

Education

1. Goal is to hire 2 more teachers (one to start a pre-school program)
2. A small meal (Ramon with milk, and fruit and an egg) for each child BEFORE the session begins. Ismael and myself and a woman from the Ramon program in Remate met briefly. He will be following up with her. They might give us a better price on the Ramon. Continue to provide KAH food after the school session.
3. Seiner will prepare an education budget for us at the beginning of each year and he will have the flexibility to purchase what he needs for the class
4. New uniforms and shoes will be needed for the new year
5. Rachel's mom is a pre-school teacher with an extensive curriculum. She might be able to join us down here or at least share the curriculum with us.
6. Seiner will send all his reports to Rachel also. She will translate them for us.
7. Rachel will lead teams here

Medical

1. Regular med committee meetings
2. Set up protocols for Mayra
3. Bring equipment/ meds according to Mayra

Agriculture projects

Pubic health projects

Visited Daniel

Brought him a year's worth of ostomy supplies

Outdoor latrine is working well. NO smell or flies. Has a chimney and small windows – a good model for future latrine building. Patients use it all the time.

Follow-up

1. **Plan for vitamin and albendazole distribution – work with Mayra on this.**
2. **Consider projects where we might use Margarita**
3. **Contact Dr. Deisy and consider hiring her on a part time basis**
4. **Arrange for sending truck in January**
5. **Bring paps to Chetti – send her names of 5 people where we need results quickly**
6. **Let FOG know about ultrasound delivery and send them pics**
7. **Send letter to Gyn Oncologists at universities**
8. **Talk to Coral/Gary/Dave about next trip**
9. **Contact Kim at Corpus Christie about trip in May**
10. **Send pics and info to Isabel about completion of hostal inside**
11. **Send Christmas notes that Seiner and children made to all the sponsors**
12. **Bring notes that children made to Kelly Hannah**
13. **Contact Bohls about problem with water filter at clinic**
14. **Make contact with local Toledo schools about penpal project – Ottawa Hills? Washington local?**
15. **Get biographies from our staff in Guatemala.**