

Trip Summary – Guatemala Sept 8-15  
Participant: Anne Ruch

### **I. Clinic building and property**

Plumbing/sinks working well

Everything is really clean and organized

Pretty flowers all around

They had a storm a few weeks ago and internet is really slow now

Still to be done:

1. We need to send sinks/cabinets for exam rooms
2. Ismael needs to buy chiapadora and water drain spouts

### **II. Medical**

1. A new health promoter worked with us. She was also trained by Susanna and has 20 years of experience. She has lot of experience in doing paps (conventional and VIA)
2. About 100 paps done (by me, Mayra and Judith)
3. 6 cryos done
4. 10 colposcopies with biopsies
5. 5 LEEPS

### **III. Casa Materna**

1. Had a day-long jornada there doing prenatal visits/paps and USN.
2. Catalina does not keep a list of deliveries but she did have the birth certificates for all the deliveries she has done. There were 49 in 2015 and looks like about 16 for this year. No good answer for why deliveries were down. They increased a lot in the last month after my response to not funding them any more was because of lack of deliveries. Catalina will let me know every time she has a delivery.
3. Carlos was there with his wife who is pregnant. I did USN on her and took a history. He said we were very organized!
4. They are all anxious to see Coral!
5. They made us a really nice lunch.

### **IV. Dr. Susanna and Concern America**

1. We spent a few hours at the clinic in Las Cruces. They were having a “continuing education Capitación)” program for the health promoters . They do labs including gram stains, TB tests, malaria tests, urine microscopy.
2. She shared her protocol book and medicine formulary with me. I made binder of these with sheet protectors. Theses are a GREAT way to have protocols for any nurses or health promoters working with us. Also good to use in preparing students/ med professionals who come with us. I will set up a med committee meeting where we can review and add to them.

### **V. New staff**

1. A new physician came by named Dra Deysi came to the clinic to see if she could work with us. She is from Santa Ana and recently graduated from the large med school in Cuba. Dra. Susanna says that these graduates are usually quite good. I interviewed her and she seems lovely. She will completing a year at the hospital in San Benito in order to complete requirements for her license in Guatemala. She starts there in February. She is going to work with Mayra (volunteer) until then. When done with that year, she is considering a pediatric residency. She could potentially be full time with us. She brought me her resume and diploma from Cuba.
2. Also, a pediatric resident named Diego Mendoza is interested in working with us part time. He is the son-in-law of Judith (health promotor working with us) – Diego Mendoza – [mendozadmd13@gmail.com](mailto:mendozadmd13@gmail.com) - 5586-2526
3. Judith – health promotor who has worked with Dr. Susanna for many years – very experienced.

## **VI. Education Program**

1. RAZ kids – Showed Orfe and Seiner how they can access student’s progress. They were somewhat surprised at student results. Seiner has a better idea now of expectations. Children are working on raising level by two levels by the time I return in November
2. Somehow the children have been able to advance in Khan Academy without mastering basic skills. I worked with Seiner and Orfe on this. They will try to get children to regress a bit and use videos.
3. Internet slow

**VII. Vinicio Engler** – Lives in San Benito. Works with Friends of Guatemala as well as for an agriculture company. He met with me and Ismael. They are going to work on ways to collaborate.

## **VIII. Nutrition**

KAH food has run out. Sounds like the schools really want us to provide more Gardens

150 Ramon trees (donated from MAGA)

75 Yucca plants (food program Vinicio is involved in) – donated from MAGA

Chicken Program

## **IX. Hostal plans**

Ismael and ORfe and I spent a good deal of time talking about hostal plans Roof type. We looked at the “hostal” that Susanna has. If we do a more basic and lower roof, we could probably make the building bigger (maybe add a dorm room) and still keep it at \$40-50,000.

Block or wood? Combination?

Latrine

Hostal to include eating area, 2 private suites and a dorm – Suites would have private bathrooms and outside would be latrines and shower.

**X. Emily Roxanne** – daughter of Santos – raped by older man

Follow-up

1. Send stains to Susanna
  - Gram stains
  - Ziehl Neilson
  - Turk for white cell count (dilute Wright stain with acetic acid)
2. Set up meeting with SewHope doctors to talk about feasibility of starting more lab work at our clinic
3. Start distributing contraception at our clinic – Depo Provera, OCP's, IUD's. (We can purchase these from APROFAM)
4. VISA for Mayra
5. Finalize hostel plans
6. See how running group is doing – send watch/running shoes if they are continuing.
7. Consider new Board members in Guatemala (Vinicio)
8. Call patient who is now living in Rhode Island (she wants to come to Toledo for treatment of HGSIL) – Arleth Judith Rodas Nevio – phone 401-390-9354
9. Check name on pap #34219 (Cindy Yajaira Ordonez)
10. Make some kind of prescriptions to distributed
11. Final landscaping plans for clinic
12. Arrange to send container. Include
  - a. KAH food
  - b. Cabinets/sinks for exam rooms
  - c. Wiring (Ismael gave me sample)
  - d. Vitamins/albendazole from Vitamin Angels
  - e. Refrigerator
  - f. Toilets for hostel
  - g. Kitchen table for hostel
  - h. Microwave
  - i.
13. Follow up with pediatric resident – Dr. Diego Mendoza. Phone 5586 2526. Email [mendozamd13@gmail.com](mailto:mendozamd13@gmail.com). He is the son-in-law of Judith the new health promoter working with us.
14. Contact local KAH organizations to see if they might share KAH food with us.
15. Work with Ismael about design for new latrine
16. Talk with Jim Skon about potential ways to improve internet speed.
17. Set up meeting with Roxanne about education issues